Presentation Skills Workshop
guides.auraria.edu/presentations

Getting in the Zone: Somatic Practices

- Can help reduce speech anxiety
- Body “check in”
  - Where do you get nervous when you speak?
  - What part of your body do you feel?
  - What is your body doing while you are presenting?

Key Components of a Presentation

- Focusing & Framing
  - Thesis: statement of purpose
  - Setting: audience and location
  - Structure: organization of ideas
- Introductions & Conclusions
  - What makes for a compelling introduction?
  - How do you leave your audience with an impactful conclusion?
- Elaboration
  - How are you supporting your ideas? (Evidence!)
- Connecting Ideas
  - Connect individual ideas to each other as well as the introduction and conclusion.
- Delivery
  - Eye contact
  - Tone
  - Intentional use of hand gestures
  - Breath
  - Posture
  - Not overly relying on notes

Introduction Drafting Exercise: 5 minutes

Your Speaking Plan (Brainstorming)

Purpose
A speaking plan helps you plan a purposeful presentation and is designed to get you thinking about the key components of a presentation. Considering each of these elements will help you get well prepared for your presentation, with the goal of not relying heavily on your notes!
Presentation Skills Workshop
Savvy Researcher Workshops, Fall 2018

Audience:

Setting:

Interactional Goal:

Thesis Statement:

Organizational Pattern:

Major Ideas:

Major Forms of Elaboration:

Introduction:

Conclusion:

Transitions:

Delivery:

Additional Resources

- Poster Design: guides.auraria.edu/posters
- Publish Your Research: guides.auraria.edu/publishyourresearch
- Data Visualization: guides.auraria.edu/datavisualization