Presentation Skills
Today’s Plan

• Use somatic strategies for reducing anxiety with regard to presentational speaking
• Apply best practices of presentational speaking
• Craft a speaking plan for a presentation
Where’s your body at?

- Somatic practices for reducing speech anxiety
- Brief body check in
Key Components of a Speech

• Focusing & Framing
• Introductions & Conclusions
• Elaboration
• Connecting Ideas
• Delivery
Focusing & Framing

• Clarity of purpose (thesis)
• Knowing your audience (setting)
• Organizing your main points (structure)
Introductions & Conclusions

Key Questions

• What makes for a compelling introduction?
• How do you leave your audience with an impactful conclusion?
Introductions

• **Hook**: How will you grab your audience’s attention?

• **Researcher Identity**: Who are you? Why are you invested in this research?

• **Context**: Is there anything that needs to be contextualized for your audience before you dive in?

• **Purpose**: What is the purpose of your research?
Conclusions

• Reiterate your thesis and main ideas
  • Make this concise
• Call for further research
• Connect back to your introduction
  • e.g. to your larger purpose as a researcher
Drafting Exercise: 5 minute free write

Draft an introduction to your presentation.

Consider:
• Hook
• Researcher Identity
• Context
• Purpose
Elaboration

• How are you supporting your ideas? (Evidence)
  • Literature review, primary sources, surveys, focus groups, etc.
Connecting Ideas

• How are you connecting ideas? (Transitions)
  • Connect individual ideas to each other as well as the introduction and conclusion.
Delivery: Effective Nonverbal Communication

• Evidenced through:
  • eye contact
  • tone
  • pitch of voice
  • volume
  • breath
  • posture
  • intentional use of hand gestures
  • movement
  • not overly relying on notes
  • pauses
Delivery cont’d

Video yourself to learn about your habits!
Delivery Practice

Eye contact! Time to practice
Speaking Plans

- Audience & Setting
- Interactional goal(s)
- Thesis statement
- Organizational pattern
- Major ideas
- Major forms of elaboration
- Introduction & Conclusion
- Transitions
- Delivery
Draft a Speaking Plan

• Begin brainstorming for your speaking plan.
• You can choose to jot a few notes next to each section or to focus on one section in particular.
• Your facilitator will be coming around to answer individual questions.
In this workshop, we...

• Practiced simple somatic approaches for improved presence
• Learned about key components of a strong presentation
• Practiced crafting a compelling introduction
• Learned about delivery components & practiced our delivery
• Began drafting a speaking plan
Training and More Info

• guides.auraria.edu/presentations
• guides.auraria.edu/posters
Questions?

Ask Us: library.auraria.edu/services/askus
Chat/IM: AskAuraria and on Auraria Library’s Website
Text: 303-848-8444
Email: library.eref@auraria.edu
Phone: 303-315-7700
Survey

tinyurl.com/aurariasavvyresearcher